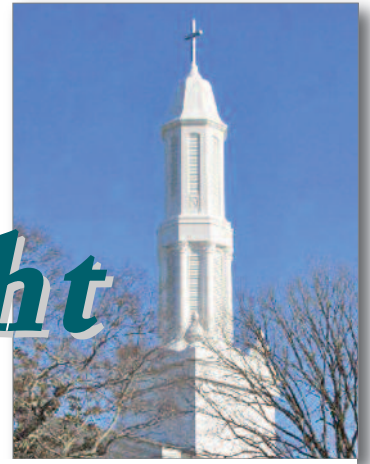


# The Immanuel *Light*

SEPTEMBER 2019

VOL. 11 No. 9



## Immanuel Baptist Labor Day Weekend Picnic

Sunday, September 1 from 3:30-7:00 PM

- Gaga ball, Volleyball, and Corn Hole start at 3:30 PM
- Bikes, scooters, big wheels, etc!
- Bring a blanket or chair.
- Potluck dinner will be served at 5:00 PM

(Bring enough for your family plus extra to share. If your items contain nuts or shellfish, please label clearly or use one of the labels we will provide.)

- We will have some tents for shade in addition to the pavilion.

**Invite Your Friends and Family!**

WEDNESDAYS IN SEPTEMBER

# Cultivating Healthy Children

on their way to healthy adulthood

a three-week series on Wednesdays September 4, 11, and 18  
6:00-6:50 PM in the Chapel

September 4—Week #1:

## Enhancing the Resilience of Our Children: How we individually and collectively play a role

This informative session will help us understand more about a child's developing brain, how to support resilience and why it matters. We will look at

- Building better brains
- Defining resilience (in ourselves and our children)
- Secure, positive attachments to adults (parents, Sunday school teachers, etc.)
- Circle of Security
- Opportunity for anonymous questions

September 11—Week #2:

## Trauma 101: What You Need to Know and How It Impacts Children

In our second week, we will learn about what trauma is and how it impacts the developing brain and body of a child. We will explore how to recognize the signs and symptoms a child may exhibit and what to do with that information. Learn tangible ways to respond well, empower the child in your life in age-appropriate ways, and gain resources to support your efforts.

September 18—Week #3:

## Engaging the Whole Child: Practical Strategies That Foster Resilience in Our Children

In our final week of this series, we will be equipped with practical (and fun!) tools and ideas that you can start using right away to help kids learn how to regulate and express their emotions, enabling them to better manage their experiences as they grow and develop.

The coordinator of this three-week series and primary presenter will be Amber Stevenson, of Resiliency Ranch Counseling, <https://www.resiliencyranchcounseling.com/>



## Immanuel Baptist Church

The mission of Immanuel Baptist Church is to share the good news of Jesus Christ, to deepen our love for God and others, to fully engage our neighbor, and to wholeheartedly serve those on the margins of society.

*God is calling Immanuel Baptist Church to practice the radical, compassionate discipleship taught by Jesus Christ.*

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### Pastor Emeritus

David George

### Minister of Music Emeritus

Beryl Vick

### IBC Book Club Resumes

The Immanuel Book Club will have its first meeting on Sunday, September 22 at 5:00 PM in the Fireside Room. We will be sharing with each other our favorite books from our summer read-



ing. We will also discuss options for books to read as a group this next year. All Immanuel readers are invited to participate.

## Senior Adult Activities

(No Senior Adult Meeting in September)

### Lunch at Harding House

Sunday, September 22

Meet after church at the kitchen entrance

Contact Billie Patton

### October Senior Adult Meeting

Tuesday, October 1 at 10:30 AM

### SAVE THE DATE!

Friday, October 18

Day trip to Murfreesboro to tour  
Oaklands Mansion and Readyville Mill

Contact Carolyn Easterly  
(More info next month)

## Stewardship Committee: Update on Capital Campaign

It has been six months since the church approved a capital campaign to raise \$200,000 to fund the replacement of the upper windows in the sanctuary, as well as several other needed projects. The Stewardship Committee has reviewed our giving to the Campaign and the expenditures on completed projects.

By May 1, 2019, \$125,635 had been pledged to the Sanctuary Renovation; as of August 12, 2019, the total amount pledged had increased to \$135,110. This total of \$135,110 represents about 65% of the campaign goal of \$200,000.

It is heartening to note that Immanuel members began giving quickly and generously to this campaign. With the monies given, several projects included in this effort have now been completed. A major part of the campaign was the purchase and installation of new sanctuary windows, and by the end of July this was accomplished. Painting projects in several areas of the sanctuary and entry rooms were completed and have refreshed the appearance and beauty of the sanctuary. Other completed tasks include: shutter removal, electrical and lighting update, carpet repair and pew removal.

The Stewardship Committee is grateful for the church's generous giving to this Capital Campaign. Although we have a relatively small congregation, Immanuel Baptist has a large heart for giving, both in its financial resources and its efforts for service. It is our committee's hope that the additional completed pledges and gifts will allow the completion of the remaining renovation projects. In 2 Corinthians 9:7, we find: "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver."

—Steve Tate



# Fall Fest

Wednesday, October 30

5:30 PM - 8:00 PM

FUN • Food • Games

(Regular Wednesday supper will be served at 5:30 PM in Fellowship Hall)

## Personnel Search

### Committee Begins Work

The Personnel Search Committee has begun its work to find a new associate pastor for Immanuel. Please be in prayer for this group as they undertake this project. Members of the committee are Aaron Butler, Jon Cooper, Emily Gnetz, Laralee Huguley (coordinator), Charlie Lutz, Larry Maxwell (deacon chair, ex officio), Steven Meriwether (staff resource), Ryan Talbert, Allan Schlamp (upon approval at the August business meeting), and Laurie Woods.

## Church Directory Update

Our outstanding photography team (Betty Kay Wasserman, Evelyn Brandon, Ashley Payne) has now completed taking pictures for the new church directory. The next step will be getting all those photos in the right format to go into a new directory. Have patience! We will be working as quickly as possible to finish up this project.



# CHILDREN ON MISSION



## CHILDREN AND MUSIC

OFF to a Great Start For the Fall!

## REMEMBER IN PRAYER

*Those among our family of faith who are facing moments of crisis and celebration.*

## THANK YOU!

Dear Immanuel family,  
Thank you for the many ways you have been “Immanuel—God with us” during Linda’s recent surgery and recovery. We have been overwhelmed by the many expressions of love and concern—prayers, cards, calls, texts, meals, visits, and offers of availability to assist. Steven’s pastoral care has been a steady force in this experience in encouraging and sustaining us along the way. We are grateful to be part of this caring fellowship.  
—Linda and Tim Fields

## Reminder:

**There is always an up-to-date church calendar on our website: [ibcnashville.org](http://ibcnashville.org)**



Our new first grader, Hagen Self, received her Bible from the church on Sunday, August 18.

## Extended Session

**September 1** - Ellen Newman, Sarah Wilkerson, Abigail Reynolds, Josiah Baker

**September 8** - Lauren Baker, Jill Cooper, Courtney Kihlberg, Anna Kihlberg

**September 15** - Debbie Maxwell, Ellen Mundy, Ann Conn, Savannah Horner

**September 22** - Cindy Lutz, Elaine McKenna, Stephanie Self, Samuel Baker

**September 29** - Carol Boozer, Laralee Huguley, Jenny Wilson, Olivia Cooper

## Dr. Miroslav Volf to

## Speak at FBC Murfreesboro

On Sunday, September 8 at 3:00 PM, Dr. Miroslav Volf, theology professor at Yale Divinity School and founding Director of the Yale Center for Faith and Culture, will speak at First Baptist Church, Murfreesboro. A native of Croatia, Dr. Volf also has authored various theological books and currently travels the world teaching and lecturing. All are welcome for this free lecture.

## If You Need to Reach Us

Please keep in mind there may be times during the week when no one is available to answer the phone in the office. Be sure to leave a message if you call and get the answering machine. We will return your call as soon as possible. In case of emergency, call a staff member’s cell phone, which is listed in the church directory.

## Sanctuary Flowers

**September 1** - given by Don and Sue Jones in loving memory of their parents, Howard and Lorene McConnell and Sam and Lillian Jones.

**September 8** - given by Laddie Neil in honor of both her immediate family and her Immanuel family.

**September 15** - given in loving memory of Bill Coles by his family.

**September 22** - given by Steven Meriwether in loving memory of Charles Herschel and Willie Mai Meriwether.

**September 29** - given by Suzanne Brandon in loving memory of her parents, Sara Ann and Gentry Brandon and her sister, Connie Brandon Woodham.

## CALENDAR OF EVENTS

### SUNDAY, SEPTEMBER 1

9:15 Sunday School  
10:20 Deacons' prayer group  
10:30 Worship/Communion  
3:30 Labor Day Weekend Picnic

### TUESDAY, SEPTEMBER 3

9:30 PDO

### WEDNESDAY, SEPTEMBER 4

5:00 Children and Music  
5:00 Church Family Supper  
5:50 Church Family Time  
6:00 Cultivating Healthy Children  
6:00 Children on Mission  
6:00 Immanuel Youth  
6:00 Sanctuary Choir rehearsal  
7:00 Brass/Handbell rehearsals

### THURSDAY, SEPTEMBER 5

9:30 PDO

### SUNDAY, SEPTEMBER 8

9:15 Sunday School  
10:20 Deacons' prayer group  
10:30 Worship  
5:00 Youth Dinner at the  
Coopers' house

### MONDAY, SEPTEMBER 9

9:30 PDO

### TUESDAY, SEPTEMBER 10

9:30 PDO  
7:00 Stewardship Committee

### WEDNESDAY, SEPTEMBER 11

5:00 Church Family Supper  
5:00 Children and Music  
5:50 Church Family Time  
6:00 Cultivating Healthy Children  
6:00 Children on Mission  
6:00 Immanuel Youth  
6:00 Sanctuary Choir rehearsal  
7:00 Brass/Handbell rehearsals

### THURSDAY, SEPTEMBER 12

9:30 PDO

### SUNDAY, SEPTEMBER 15

9:15 Sunday School  
10:20 Deacons' prayer group  
10:30 Worship-Bone Therapy

11:45 Worship Committee

### MONDAY, SEPTEMBER 16

9:30 PDO

### TUESDAY, SEPTEMBER 17

9:30 PDO

6:30 Deacons' Meeting

### WEDNESDAY, SEPTEMBER 18

5:00 Church Family Supper  
5:00 Children and Music  
5:50 Church Family Time  
6:00 Cultivating Healthy Children  
6:00 Children on Mission  
6:00 Immanuel Youth  
6:00 Sanctuary Choir rehearsal  
7:00 Brass/Handbell rehearsals

### THURSDAY, SEPTEMBER 19

9:30 PDO

### SUNDAY, SEPTEMBER 22

9:15 Sunday School  
10:20 Deacons' prayer group  
10:30 Worship  
11:30 Preschool/Child Comm.  
12:00 Lunch at Harding House  
5:00 IBC Book Club

### MONDAY, SEPTEMBER 23

9:30 PDO

### TUESDAY, SEPTEMBER 24

9:30 PDO  
11:15 Luke 14:12  
6:15 Bolt Meeting

### WEDNESDAY, SEPTEMBER 25

5:00 Church Family Supper  
5:00 Children and Music  
5:50 Church Family Time  
6:00 Business Meeting  
6:00 Children on Mission  
6:00 Immanuel Youth  
6:00 Sanctuary Choir rehearsal  
7:00 Brass/Handbell rehearsals

### THURSDAY, SEPTEMBER 26

9:30 PDO

### SUNDAY, SEPTEMBER 29

9:15 Sunday School  
10:20 Deacons' prayer group

10:30 Worship

11:45 Outreach/Welcome Comm.

### MONDAY, SEPTEMBER 30

9:30 PDO



#### September 1

Meghan Woodall  
Savannah Horner

#### September 2

Anna Pearl Garrett

#### September 3

William Vo

#### September 4

Emily Saylor

#### September 5

Marilyn Shadinger

#### September 6

Ruth Ramsay

#### September 8

Steven Meriwether

#### September 13

John Thomas Greek

#### September 14

Brandon Jarnigan

Peter Kihlberg

#### September 15

Val Evans

Campbell Gnetz

Jim Hawkins

#### September 18

Emily Cooper

#### September 20

Baker Woodall

#### September 21

Mickey Tinsley

Meg Winston

#### September 22

Cosette Baker

#### September 24

Faye Shaw

#### September 25

Rachel Gale

#### September 26

Lane Easterly

#### September 27

Susan Carpenter

#### September 28

Sue Minch

#### September 30

Chris Fleming

### Facts and Figures

#### Financially Speaking (Through July 2019)

YTD  
Fiscal Year Income  
\$ 136,252.60  
YTD  
Fiscal Year Expense  
\$ 112,430.35  
Net income:  
\$ 23,822.25

#### Attendance Report Sunday School

August 4	105
August 11	111
August 18	95
August 25	NA

#### Worship Service

August 4	126
August 11	127
August 18	126
August 25	110

# My Philosophy of Life

by Cosette Baker

- Keep God first in your life.
- Be open to new challenges; walk through open doors.
- Accept people as a creation of God and do not judge them for ideas or comments that are different from yours.
- Avoid thinking of anything or anyone as "old."
- Look to the future no matter how old you are.
- Eat your favorite foods in moderation.
- Have a plan for each day; go to lunch with a friend; send an email or note to a friend you haven't seen or heard from in a while.
- Hang tough. Keep your chin up.
- Pray more; fuss less.
- Keep a positive attitude.

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Office Hours:  
9:00 AM - 4:00 PM Mon - Thurs.  
The church office is closed on Fridays.

*The newsletter deadline is the 15th of the month for the following month's publication. Submissions are subject to editing per space restrictions. E-mail submissions go to [dmaxwell@ibcnashville.org](mailto:dmaxwell@ibcnashville.org), or call 615.297.5356 ext. 11 with questions.*

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